

# **DEL REY YACHT CLUB**

presents the

## **2022 PRITIKIN RALLY**

**Predicted Log / Cruiser Navigation Rally**

**Saturday, June 25, 2022**



**PRITIKIN TROPHY**

**The following article was written by Staff Commodores Mel Lurie and Marty Livingston concerning the history and evolution of the Pritikin Predicted Log / Cruiser Navigation Rally:**

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## **The PRITIKIN TROPHY**

**In 1957, Melvin R. Spencer, a Del Rey Yacht Club member, presented to the club, a trophy in memory of a departed family member, Arnold Pritikin, even though Arnold had not been involved with Del Rey Yacht Club. The trophy was designated the "Arnold Pritikin Perpetual Trophy," and the original winner in 1957 was Wesly E. Nance. The name of the yacht club of each winner was not added to the plaques to be attached to the trophy until 1995 when the winner was Mel Lurie from Del Rey Yacht Club.**

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## PRITIKIN RALLY

Sponsored by: ----- Del Rey Yacht Club  
Sanctioned by: ----- NACA & SCCA  
Points for: ----- C. King Brugman; Top-Ten; Bathke; Spring Series; NACA;  
----- Thol Simonson High Point Yacht Club; Lurie First Year  
Eligibility: ----- All members of SCCA Member Yacht Clubs

## SCCA TROPHIES

Overall: ----- PRITIKIN Perpetual Trophy  
Keeper: ----- Keeper Trophies for First Three Places  
First Year Top Scorer: ----- Keeper trophy for First Place-First Year Racer

## RALLY COMMITTEE

Chairman: Mickey Scheinbaum: 323-428-0304  
Committee:  
Scorer: Mickey Scheinbaum: 323-428-0304  
Observers: SELF Obtained  
Slips: -Call DRYC @ 310-823-4664 Office Manager Lynne Silverstein.  
Sanctioning: John Walker, SCCA Sanctioning Committee Chair

## TROPHY PRESENTATION

TROPHY PRESENTATION: Trophy presentation at DRYC, June 25, 2022. No-host cocktail party at 1800 and dinner at 1900 followed by awards. Dinner reservations are required. Contact Office Reception 310-823-4664, by Tuesday, June 16, 2022. Dinner will be chosen from the **menu attached** and payment may be by Cash, Credit Card or Check payable to Del Rey Yacht Club.

**Dinner and Awards attendance  
are subject to restrictions due to COVID Protocols.**

# REOPENING TASK FORCE UPDATE

## THURSDAY, MAY 26, 2022

### Here's What You Need to Know:

#### **Masks Are Now Mandatory Inside DRYC's Clubhouse for Members, Guests & Employees (Except When Actively Eating or Drinking)**

- With the rise in COVID cases among Club members and across Los Angeles County, wearing a well-fitting **N95** or **KN95** face mask covering your nose & mouth is now mandatory inside DRYC's Clubhouse to protect our members, guests, and employees from virus-spread.
- We need 100 percent compliance with these Club requirements.
- Please get a free COVID-19 test if you have symptoms, stay home if you are sick, and take extra precautions if you have underlying conditions.

NOTE: If you contract COVID-19, we would appreciate it if you would voluntarily let us know. Please contact DRYC's Jr. Staff Commodore Bernie Glasser, who is a medical doctor. This will allow us to Contact Trace to help reduce the virus' spread at DRYC.

#### **To Enter the Clubhouse, Members / Guests Must Be Fully Vaccinated & Show Proof of Vaccination**

- **Full vaccination includes taking the booster shots, once eligible.**
- Until being fully vaccinated, children must continue getting tested. This applies to children entering the Clubhouse or participating in DRYC's Jr. Sailing Program.
- Members are not permitted inside the Clubhouse if symptomatic.
- Members may return to the Club 10 days after testing positive for COVID.
- Members may return to the Club if asymptomatic as long as they are wearing **N95** or **KN95** face masks.

NOTE: Grievances may be filed against members who do not adhere to these mandates.

#### **The Commodores and Reopening Task Force Want You and Your Family & Guests to Feel Safe and Remain Virus-Free at DRYC.**

In the Corinthian spirit, we ask all Club members to remind each other to put on masks inside the Clubhouse for the health and protection of our membership.



## **RALLY RULES**

- A. Races shall be calculated with a start time of 0830 hours for the PRITIKIN. However, actual start times will be assigned as set forth in Special Rules A.
- B. Skippers will monitor VHF channel 16: Race communications will be on VHF Channel 71.
- C. Contest prepared using Chart: 18744 – 33rd Ed., 08/01/2010 updated as provided in Coastal Explorer and the latest amended SCCA racing rules.
- D. The races will be scored with no handicap.
- E. This contest allows an open log where during the rally the skipper may view all times that are recorded on the actual Log.
- F. Skippers may use all equipment aboard the vessel including GPS, speed, chart plotters, etc., except clock time, elapsed time or ETA from any source.

## **SPECIAL RULES**

- A. Each skipper must notify Mickey Scheinbaum @ 323-428-0304 by Monday; June 20th, that they are an entrant and disclose their racing speed in order that start times can be assigned at the skippers' meeting on Friday, June 24, 2022.
- B. Each Skipper must provide their own Observer.
- C. Committee boat: THREE FLAGS
- D. Following the PEEL-OFF and awards for Friday's SCCA Rally, there will be an informal skippers' meeting for the PRITIKIN Rally.
- E. Predicted logs are to be turned in to the committee at or before the skippers' meeting. Actual Logs with the skipper's clock to be turned in to the scorer at DRYC as soon as possible after the contest, but no later than 1330 hours.
- F. For slip assignments please email the attached Slip Request Form to DRYC – first come first serve so the SOONER THE BETTER.

## **COVID Protocols**

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To Enter the Clubhouse, Members / Guests Must Be Fully Vaccinated & Show Proof of Vaccination. **Full vaccination includes taking booster shots**, once eligible. Members are not permitted inside the Clubhouse if symptomatic.

Please get a free COVID-19 test if you have symptoms, stay home if you are sick, and take extra precautions if you have underlying conditions.

**Lat/Lon are expressed as degrees and decimal minutes (32° 53.578').**

**PRITIKIN TROPHY Rally  
June 25, 2022**

START: FI R 6s 23 ft 4M "2" ( N end of MDR Breakwater . . . . . Within 250 YDS Starboard  
CP-1: Range on Santa Monica Pier . . . . . 600 Yards Starboard  
WP-1: 33° 57.100' N / 118° 29.100' W  
CP-2: R "2ES" FI R 4s BELL Priv . . . . . 200 Yards Port  
WP-2: On a Course of 166° Mag for 1.8 NM from CP-2  
CP 3: Range on Manhattan Pier . . . . . 400 to 600 Yards AHEAD  
CP 4: Range on North Stack of 5 above King Harbor at LAT 33° 51.060' N / LAT 118° 23.715' W  
CP 5: R "PV10" FI R 4s BELL . . . . . 250 Yards Port  
CP 6: On a Course of 341° Mag for 4.0 NM from CP-5  
CP 7: R "2ES" FI R 4s BELL Priv . . . . . 600 to 800 Yards Starboard  
Finish: FI G 6s 30 ft 5M "1 ( S end of MDR detached breakwater ) . . . . . 500 YDS ABEAM

**Approximate Distance 31.0 nm**

# SOUTHERN CALIFORNIA CRUISER ASSOCIATION

Cruiser Nav Rally Official Entry Form

Vessel: \_\_\_\_\_ Fally: \_\_\_\_\_

SCCA Number: \_\_\_\_\_ NACA Number: \_\_\_\_\_ Rally Date: \_\_\_\_\_

## PREDICTED LOG

Checkpoints ( no waypoints or blindpoints )		Predicted Clock Time		
		Hrs.	Mins.	Secs.
Start				
1				
2				
3				
4				
5				
6				
7				
8				

I am entering this Rally at my own risk and will save, hold harmless and indemnify the SOUTHERN CALIFORNIA CRUISER ASSOCIATION and such other Club and/or Association that may be sponsoring, hosting, or sanctioning this Rally, together with their officers, directors, committees and members, from any and all liability or responsibility of any nature whatsoever for accidents, damage or injury to myself, my crew, my guests and my boat, and for any damage I or my boat might cause to any other boat, person or property, and I waive and relinquish any claim I might have for injury or damage to myself or my boat and against any such Association and/or Club and/or their officers, directors, committees, or members.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Skipper** (print) \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Yacht Club \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Observer Name (Furnished) \_\_\_\_\_ (Assigned) \_\_\_\_\_

### First Year Duffinants Only:

I certify that it has been less than 12 months since I participated in my first SCCA Cruiser Nav Rally.

Signature \_\_\_\_\_

(SCCA Form revised 04/08/2021)

# SOUTHERN CALIFORNIA CRUISER ASSOCIATION

Official Observer Actual Log Form

Vessel: \_\_\_\_\_ Fally: \_\_\_\_\_

(Observer to fill in gray areas:)

Actual Vessel Number Displayed: \_\_\_\_\_

## ACTUAL LOG

Checkpoints ( to be entered by Skipper )		Port or Stbd.	Yards Off	Predicted Start Time		
				Adjusted Start Time		
Start				Hrs.	Mins.	Secs.
1						
2						
3						
4						
5						
6						
7						
8						

Optional for Skipper:

I have calculated my error to be \_\_\_\_\_

Blind Point Predictions				
From C.P.#	To B.P.#	Elapsed Time		
		Hrs.	Mins.	Secs.

### Committee Use Only

Watch Error (Seconds) \_\_\_\_\_ Fast  
 \_\_\_\_\_ Slow  
 \_\_\_\_\_ % Error

### Equipment checklist to be completed by Observer (Y or N)

SCCA Burgee	_____	YC Burgee	_____	All clocks covered ?	_____
Depth Sounder	_____	VHF Radio	_____	Chartplotter used?	_____
GPS Used ?	_____	If GPS used, are all the prohibited items on the GPS taped over?			

Observer is to record all unusual occurrences, rule violations, etc., on reverse side.

I have read the current SCCA rules and certify that I have abided by them.

Observer \_\_\_\_\_ Date \_\_\_\_\_

I have participated in this regatta in the true spirit of yachtmanship and have abided by all rules of the SCCA.

Skipper \_\_\_\_\_ Date \_\_\_\_\_

(SCCA Form revised 04/08/2021)



## **Del Rey Yacht Club Reservation Request for SLIP Assignment**

Name:

Cell Phone:

Boat Name:

Planned Arrival:

Planned Departure:

Boat Length:

Documentation or CF Number:

Number of Dinners:

Provide a copy of Yacht Insurance Declaration

E-Mail to:DRYC; reception@dryc.org by June 15, 2022

Dinner 1

Dinner 2

Dinner 3

Dinner 4



# DRYC DINNER MENU

## Soup

SOUP DU JOUR	7
CLAM CHOWDER	9
MATZO BALL SOUP	7
add chicken & noodle \$4	

## Appetizer

CHARBROILED OYSTERS [4]	13
roasted garlic butter, parmesan, charred lemon & parsley	
CLASSIC CALAMARI	12
hand battered, cocktail sauce	
SWEET & SPICY CALAMARI	12
cilantro, carrots, thai chili's, sweet chili glaze	
CHILLED PRAWN COCKTAIL [5]	17
AHI POKE*	15
ahi tuna, avocado, toasted seaweed, crispy wonton, spicy mayo and sushi sauce	

## Global Classics

CHICKEN MARSALA	20
creamy mushroom sauce, yukon gold mash, seasonal vegetables	
CALAMARI STEAK	24
Lemon beurre blanc, rice pilaf, seasonal vegetables	
CREOLE JAMBALAYA	20
shrimp, chicken, andouille sausage, choice of rice or pasta, cajun sauce	
EGGPLANT PARMESAN	19
breaded eggplant, mozzarella, parmesan, marinara, roasted vegetables	
10OZ ROCK LOBSTER TAIL	MKT
(PRE ORDER ON MONDAY FOR FRI, SAT & SUN)	
INCLUDES CHOICE OF TWO SIDES: roasted potatoes, Yukon gold mash, rice pilaf, seasonal vegetables, grilled asparagus	

## Greens

DRYC SALAD	8
spring mix, candied pecans, pears, bleu cheese crumbles, balsamic vinaigrette	
CHOPPED WEDGE SALAD	11
crisp greens, bleu cheese, red onion, bacon, scallions, onion straws	
CAESAR SALAD	10
romaine lettuce, croutons, parmesan, caesar dressing	
add chicken \$4, shrimp \$6	
SEAFOOD SALAD	23
field greens, tomatoes, hearts of palm, salmon, scallops, shrimp, pesto dressing	

## Land & Sea

HERB ROASTED ½ SPRING CHICKEN	21
yukon gold mash, vegetable medley	
FILLET OF WHITE FISH	22
lemon caper beurre blanc, rice pilaf, seasonal vegetables	
GRILLED SALMON	26
8oz salmon fillet, rice pilaf, seasonal vegetables	
HANGER STEAK	24
8oz. 1855 choice angus charbroiled hanger steak, chimichurri sauce, herb roasted potatoes, grilled asparagus	
PEPPERCORN NY STEAK	29
12oz. 1855 choice angus, herb roasted potatoes, grilled asparagus	

## Chef's Desserts

CHEF'S SELECTION	8
BUTTER CAKE	8
cream cheese filled butter cake, vanilla ice cream, berry puree	
ICE CREAM	6
VANILLA, CHOCOLATE, CAPPUCCINO	
add Hot Fudge \$1	

100% OF THE SERVICE CHARGES COLLECTED ARE DISTRIBUTED TO THE STAFF.

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.